



**MCC**  
SAINT JOHN THE APOSTLE  
METROPOLITAN  
COMMUNITY CHURCH

3049 McGregor Boulevard,  
Fort Myers, Florida 33901  
Tel: (239) 344-0012  
www.sjamcc.com

# THE CHANNEL

Volume 25: 1 –Oct.—Nov. 2013

## INSIDE THIS ISSUE

Bible Challenge	1
Genesis 12	2
Food Pantry News	3
The Event	3
Stamp out breast cancer	4
Dragon Flies & other	4
Church Directory	5
Pastor's Pen	5
Friendship Sunday	6
Pride SWFL 2013	7
Church Calendar	8-9
Delores Berry	10
Channel Staff Notes	10
Yard Sale	11
Food for Thought	12
Advertisers	13 - 15

The CHANNEL is a newsletter publication of Saint John the Apostle MCC. Any publication or inclusion of any names, organizations or businesses do not reflect the religious or sexual orientation or lifestyle of such individuals or groups. Any opinions expressed herein are those of the writers and do not necessarily represent the opinion of Saint John the Apostle MCC. Likewise, inclusion of advertising from any sponsor does not constitute such endorsement by The CHANNEL or Saint John the Apostle MCC. Articles printed in The CHANNEL may be reprinted by any UFMCC church.

## Bible Challenge

Answers to the Bible Challenge Questions can be found somewhere in the current issue of the Channel.

Have Fun!

All questions will follow the same format:

Question #1 will be found in the "Old Testament"

Question #2 will be found in the "New Testament"

Question #3 will be about the "Life of Christ"

Question #4 will be about "People"

Question #5 will be a "Quote"

Question #6 will be a "Place"

Question #7 will be a "General" question

#1 what is the ninth commandment?

#2 how may one reap life everlasting?

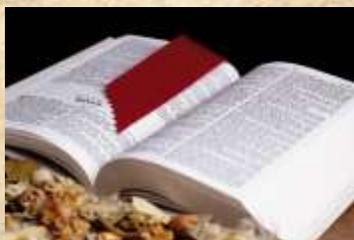
#3 what was done for Jesus when he was forty days old?

#4 at whose house did Paul and Silas stay in Phillippi?

#5 who said "Yes, Lord; you know that I love thee"?

#6 Nehemiah came to build the walls of which city?

#7 what was the sign of God's promise that the world would never again be destroyed by a flood?



Genesis 12:1-8	Genesis 12:1-8
<p>Genesis 12:8 - There he built an altar to the Lord and called on the name of the Lord.</p> <p>Many believers long to spend daily time with God, praying and reading His Word. Ironically, they are often distracted by a busy schedule. Frustrations mount as busyness seems to crowd out an opening in their schedule.</p> <p>Oswald Chambers has wisely commented on the transforming power of even 5 minutes in the presence of the Lord. Indeed, even a short time spent in intercession and the Word still has great value: "It is not the thing on which we spend the most time that molds us, but the thing that exerts the greatest power. Five minutes with God and His Word is worth more than all the rest of the day." Now, it may sound like Chambers has made an overstatement. Yet powerful results can come from even a short time of prayer, because <i>God</i> is powerful.</p> <p>Sometimes our days are filled with busy demands that crowd out time spent in listening to and responding to God. But no matter where we are, any time taken to build our own spiritual "altar" to the Lord as Abram did (Gen. 12:8) opens the door to His transforming power. If you are having trouble establishing a time with God, you could start with just 5 minutes and see where it leads. Our God longs to meet with us and show His power in our lives.</p> <p>Lord, it's amazing to me that You, Almighty God, would want to spend time with me! Thank You.</p> <p style="text-align: center;">Jonathan Hollander Deacon</p>	<p>Génesis 12:8 - ....y edificó allí altar al Señor, e invocó el nombre del Señor.</p> <p>Muchos creyentes anhelan pasar un tiempo diario con Dios, orando y leyendo su Palabra. Irónicamente, el exceso de actividad suele distraerlos, y la frustración aumenta a medida que las ocupaciones parecen llenar los horarios vacantes de sus agendas.</p> <p>Oswald Chambers comenta sabiamente sobre el poder transformador de pasar aunque sea cinco minutos en la presencia del Señor. Sin duda, aun un tiempo breve de intercesión y lectura de la Palabra es sumamente valioso: "Lo que nos moldea no es aquello a lo que le dedicamos más tiempo, sino lo que ejerce mayor poder. Cinco minutos con Dios y su Palabra valen más que todo el resto del día." Ahora bien, podría parecer que Chambers exagera: sin embargo, aun un breve tiempo de oración puede tener resultados extraordinarios, porque Dios es poderoso.</p> <p>A veces, nuestros días están repletos de obligaciones que no dejan tiempo para escuchar a Dios y responderle. Pero, independientemente de donde estemos, cualquier instante dedicado a construir nuestro "altar" espiritual al Señor, como hizo Abram (Génesis 12:8), da paso a su poder transformador. Si te resulta difícil establecer un tiempo para estar con Dios, puedes empezar con solo cinco minutos y ver qué sucede. El Señor anhela encontrarse con nosotros y mostrar su poder en nuestra vida.</p> <p>¡Señor, me asombra que tú el Dios todopoderoso, quiera pasar tiempo conmigo! Gracias</p> <p style="text-align: center;">Jonathan Hollander Diacono</p>

**COOKBOOK SALE BENEFIT DEAN'S FOOD PANTRY**



***"FOR THE CRIME OF TASTING GOOD" COOK BOOK.***

The long awaited cookbook has arrived! The Office Pub would like to thank all our friends and families for sharing about 220 recipes for this worthy cause.

You can purchase your copy of "For The Crime Of Tasting Good" either at the church from Richard and Jerry , the church office or at The Office Pub. The cost of the cookbook is \$20.00 and the proceeds benefit Dean's Food Pantry.

## FOOD PANTRY NEWS

Thanks to all for your contributions to Dean's Food Pantry - food & gifts. It's especially needed now with the demand for food so great. If you have seen the news in recent days you will know that the number of families on food stamps has skyrocketed.

We had a day recently where we had 37 clients. That is a BIG day for our little pantry. We normally serve approximately 12 to 16 clients on a given day.

A special thanks to the volunteers who give of their time and talent to "man" the pantry. It's a blessing to work with such dedicated individuals, Lenore, Ian, Jerry, Richard, and Warren. Please remember them all in your prayers. Also, remember the need our brothers and sisters have for food.

You may bring non-perishables any time to the church and deposit them in the food box in the hallway.

Due to this increased demand we are in real need of more items for our pantry. As of today, these are the things we most urgently need:

Canned Vegetables, Rice, Beans, Peanut Butter, Jelly and Cereal

You may not realize it but for those families who get government assistance, they can not purchase items such as Toilet Paper and Bar Soap. Therefore, the pantry is always in need of those items too.

Suggestion: When Publix has their "buy one get one free" promotions, you might consider if you need and item of giving the "free" one to the food pantry.

For our readers out there, who are not able to come to the church, you can mail a check or money order to the church, to the address on the front page. Just be sure to mark the check/money order as being for the food pantry.

God bless,

Ron Johnson

## THE EVENT

Back in January of this year your Board of Directors held a strategic planning session so that we could determine the areas and items that needed our greatest attention. We do this by selecting an item, in this case "the event", asking someone to take primary responsibility and the establishment of a timetable.

Our goal with "the event" was to be able to produce \$25,000 to \$35,000 in income that was provided from individuals that were not part of our congregation on an annual basis. A BIG task.

We began with a church planning session looking at the prospect of opening a Thrift Store. When that didn't work we looked at the possibility of human rights festival or an environmental festival. That morphed into a rubber ducky race down at Centennial Park. When the cost of attempting a rubber ducky race became prohibitive we turned to the idea of a "Local Colors Festival." A multi-cultural festival that recognizes and embraces people of diverse origins, races and ethnic backgrounds. An event full of sharing and learning of cultures through music, arts, crafts, attire, food, language and goodwill.

We have a committee of around 10 church congregants that are now working toward the goal of producing the "Local Colors Festival" in March of 2015. We are looking for representatives of different cultures or cultural organizations like the German American Social Club.

You can help: Come on and volunteer or find local clubs and make us aware of whom they are. You can make a difference.

"THE EVENT" may go through a few variations before we settle on a final theme but we do have a possibility of adding significant income to our church.

In Christ's Love,

Dana Drew

### Stamp out Breast Cancer

October is Breast Cancer Awareness Month and once again I will be selling stamps after service each Sunday for those few weeks. The sheet of stamps is \$11.00 with \$9.20 going towards the purchase of the stamps themselves and \$1.80 towards Breast Cancer Research. You may then donate the sheet of stamps to the church and "pay it forward" to bless St. John the Apostle, those doing the breast cancer research and even the United States Postal Service. If you decide to keep the stamps for yourself, that's quite all right too. Either way, you'll get a hand-printed receipt if you would like plus the knowledge that you are doing good. Over the years that extra nine cents for each stamp has brought in over \$75 million dollars for Breast Cancer Research. There have been several discoveries made with that money that also translated to helping other cancer treatments. Not a bad investment at all.

Also for the first time, you can pre-order Christmas stamps! They will be \$10.00 with \$9.20 going towards the stamp purchase and 80 cents going to the St. John the Apostle Building Fund. These stamps can also be donated to the church. The Christmas stamps have not been printed yet but they can be ordered early and will be here (probably) the last two Sundays in October. However many advance purchases I receive will determine how many books of stamps I bring. With the Holy Season coming up, the church will have an even greater need for stamps than usual. Any donation you can make will help defray costs.

Both the Breast Cancer Research stamp and the Christmas stamp are forever stamps and you will receive a hand-written receipt whether you donate the stamps to the church or keep them for yourself.

I'll see you after service, ready to take your order. I'll be the one in the pink hair.

Tim Meyers

### Dragon Flies & Other Thoughts

If you cuss, they'll sew your mouth closed! They're ugly! Don't chase them, they'll bite you! And even in one case, "They look like a super model, with a big head and a skinny body." What am I talking about? The humble Dragon Fly. They come in colors of brown, green, blue, yellow, red, and orange. Yeah they have a big head and a skinny body, so? They are aerodynamically one of the most perfect flying machines ever created. A Dragon Fly can take off just by changing the shape of its wings, and they are fast, no very fast! If they were the size of a Lear Jet, the Dragon fly would be supersonic. They eat mosquitoes, gnats, bot flies, no-seeums, and other kinds of insects that are a bother to all of us. (They don't eat "love bugs", the love bug is poisonous) They are not harmful to humans, and if you sit quietly in the yard one might just land on the arm of your chair, or even on your hand. Take the time to look at this wonder of the world of flight. You'll be surprised by the amazing sight you'll see.

Jenna Satterfield

\*\*\*\*\*

I see every day some of the "ugliness" in the world around me. Whether in person by being called a name or having something thrown at me, or on the television news and the internet feeds. The hate and contempt for others is so prevalent that sometimes I really feel like giving up and stepping off this blue rock. Then I walk out the door and I see a Brown Anole doing push-ups trying to impress a lady lizard, or I see a Swallow-tailed Kite soaring, circling and diving while riding an invisible elevator to the clouds or even watching a House Sparrow picking up crumbs off the sidewalk, hopping around instead of walking. Then I say to myself, "don't worry about what happens around you, look at the beauty that has been given to you and realize that you are blessed." All around you is art or music or sculpture, it is living, moving, swimming, flying, or just growing. Mother Nature has painted a masterpiece with a broad brush, look around and see it before it has passed. It is there for the viewing, for everyone's pleasure, you are just fortunate that you can see it. Not everyone else can, they are too busy worrying about the ugly in the world. And that is their tremendous loss.

Jenna Satterfield

**CHURCH DIRECTORY****SENIOR PASTOR**Rev. Steve Filizzi [pastor@sjamcc.com](mailto:pastor@sjamcc.com)**Congregational Administrator**Kurt Hood [admin@sjamcc.com](mailto:admin@sjamcc.com)**CHOIR DIRECTOR / ORGANIST**Don Gouger—Organist [music@sjamcc.com](mailto:music@sjamcc.com)

Brian Dietrich—Pianist

**BOARD MEMBERS** [board@sjamcc.com](mailto:board@sjamcc.com)

Dana Drew Bruce Mericle

Nivia Torres Thomas Haskins

Jason McRae Maxine Johnson

**DEACONS** [deaconate@sjamcc.com](mailto:deaconate@sjamcc.com)

Tony Cerullo Tim Meyers

Glenda Enterline Wanda Neubert

Jonathan Hollander Mary Jane Soller

Arla Johnson

**LAY DELEGATES** [delegate@sjamcc.com](mailto:delegate@sjamcc.com)

Glenda Enterline

Bob Schneider

**TREASURER** [treasurer@sjamcc.com](mailto:treasurer@sjamcc.com)

Dale Gnatek

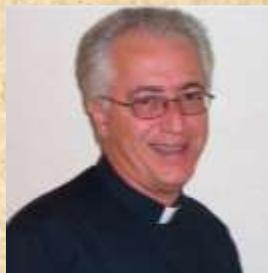
**CHURCH OFFICE**

Phone: (239) 344-0012 Fax: (239) 344-0445

[Visit Our Website](#)[www.sjamcc.com](http://www.sjamcc.com)**BE A FAN!****Follow Us On FACEBOOK**[www.facebook.com/sjamcc](http://www.facebook.com/sjamcc)**OFFICE HOURS**

Monday through Thursday

10:00 AM – 2 :00 PM

**Pastor's Pen****October 6, 1968**

October 6, 1968 is the date of the first MCC service in Los Angeles California. In reading the history of MCC, it is not clear that Rev Troy Perry knew all that would become of the small gathering of 12 persons in his living room for the first service. What is clear is that Rev Perry knew it needed to be done. He knew that God wanted MCC to be. He did his best to be cooperative with God. If you wish to learn more of the history,

check out the MCC website <http://mccchurch.org/overview/history-of-mcc/>.

This is what MCC has become:

Metropolitan Community Churches is a congregationally-led denomination which, as of 2011, celebrates the presence of affiliated churches, worshiping groups, and missions in 37 Nations. Starting with one group of 12 in Los Angeles in 1968, MCC now has 172 churches throughout the world, 50 church starts and 12 special ministries.

MCC began as a fellowship of churches, each church linked to another through affiliation as an open and inclusive body. Collectively, MCC churches offer a picture of Christianity and religion which celebrates God's diverse creativity. At our foundation, MCC brings to bear the co-existence and complementary relationship of sexuality and spirituality; initially bringing the message of God's love to homosexual persons. As MCC's message of love and inclusion in God's creation brought our churches into a variety of countries and cultures, our particular devotion to human rights and justice extended our gospel message to issues of human sexuality, gender identity, race, poverty, and more.

Each Metropolitan Community Church is locally founded, locally governed and locally supported. Congregations determine their own bylaws and governance, receiving guidance from the denominational offices. The process of affiliation ensures that the local MCC, by congregant consensus, affirm MCC's Core Values.

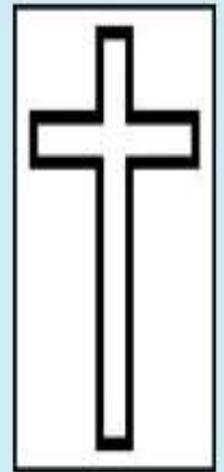
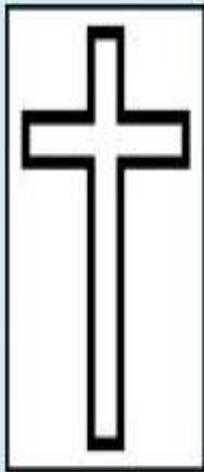
The MCC denominational offices, the administrative and spiritual arm of our collective fellowship maintains global ministries, programs and missions. MCC's Board of Elders, elected denominational leaders, provide local churches with both spiritual and administrative guidance for healthy church life in local settings.

In the first letter of John we find these words: ' But friends, that's exactly who we are: children of God. And that's only the beginning. Who knows how we'll end up! What we know is that when Christ is openly revealed, we'll see him—and in seeing him, become like him.' (The Message)

We in MCC like to say we are "Transforming ourselves as we transform the world."

Pastor Steve Filizzi

# Invite a Friend to Friendship Sunday October 13, 2013 @ 9:30



**St. John The Apostle MCC will host our annual  
Friendship Sunday.**

Bring a family member, a neighbor, a co-worker, or  
a friend to Friendship Sunday.

*It may change their life...or yours.*

# PRIDE SWEET 2013!

**OCTOBER 12  
SATURDAY  
NOON-5:30PM**



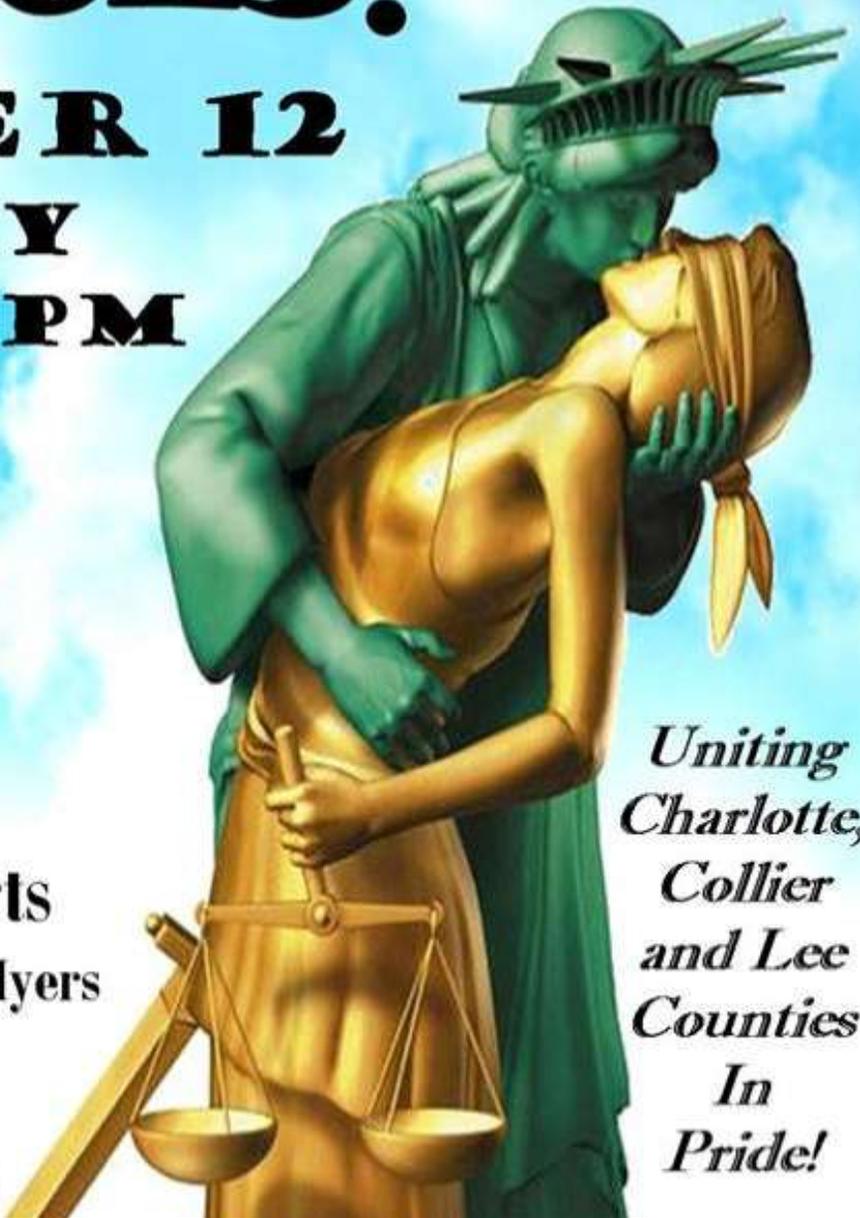
**Alliance For The Arts**

**10091 McGregor Blvd., Fort Myers**

[www.Pride-SWFL.org](http://www.Pride-SWFL.org)

[Info@pride-swfl.org](mailto:Info@pride-swfl.org)

[Volunteers@pride-swfl.org](mailto:Volunteers@pride-swfl.org)



*Uniting  
Charlotte,  
Collier  
and Lee  
Counties  
In  
Pride!*

~ October 2013 ~

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		<b>1</b> 9a-12p Food Pantry 9a-3p Lee County Health Department 8p-9p Lambda Drummer (AA)	<b>2</b>	<b>3</b> 9a-12p Food Pantry 6:30p-7:30p Prayer Team Meets 6:30p-7:30p Serenity by the River NA Meeting	<b>4</b> Church Office Closed 6:30p-7:30p Friday Family AA Group	<b>5</b> Church Office Closed 6p-7p The Rainbow Group of NA 8p-9p Lambda Drummer (AA)
<b>6</b> 10a-11a Delores Berry Praise & Worship	<b>7</b>	<b>8</b> 9a-12p Food Pantry 8p-9p Lambda Drummer (AA)	<b>9</b>	<b>10</b> 9a-12p Food Pantry 6:30p-7:30p Serenity by the River NA Meeting	<b>11</b> Church Office Closed 6:30p-7:30p Friday Family AA Group	<b>12</b> Church Office Closed 6p-7p The Rainbow Group of NA 8p-9p Lambda Drummer (AA) PRIDE @ Alliance for the Arts. 12:00 - 5:30 pm
<b>13</b> 10a-11a Traditional Worship FRIENDSHIP SUNDAY	<b>14</b> Columbus Day	<b>15</b> 9a-12p Food Pantry 9a-3p Lee County Health Department 8p-9p Lambda Drummer (AA)	<b>16</b> 5p-6p Board of Directors Meeting	<b>17</b> 9a-12p Food Pantry 6:30p-7:30p Prayer Team Meets 6:30p-7:30p Serenity by the River NA Meeting	<b>18</b> Church Office Closed 6:30p-7:30p Friday Family AA Group	<b>19</b> Church Office Closed 10:30a-12p Trans Life Group 6p-7p The Rainbow Group of NA 8p-9p Lambda Drummer (AA)
<b>20</b> 10a-11a Traditional Worship	<b>21</b>	<b>22</b> 9a-12p Food Pantry 8p-9p Lambda Drummer (AA)	<b>23</b>	<b>24</b> 9a-12p Food Pantry 6:30p-7:30p Serenity by the River NA Meeting	<b>25</b> Church Office Closed 6:30p-7:30p Friday Family AA Group	<b>26</b> Church Office Closed 7:30a-2p Church Yard Sale 6p-7p The Rainbow Group of NA 8p-9p Lambda Drummer (AA)
<b>27</b> 10a-11a Traditional Worship	<b>28</b>	<b>29</b> 9a-12p Food Pantry 8p-9p Lambda Drummer (AA)	<b>30</b>	<b>31</b> Halloween 9a-12p Food Pantry 6:30p-7:30p Prayer Team Meets 6:30p-7:30p Serenity by the River NA Meeting	<b>Notes:</b> October 6: Delores Berry @ SJAMCC October 12: PRIDE @ Alliance for the Arts 12 - 5:30 pm October 13: Friendship Sunday @ SJAMCC October 26: Fall Yard Sale @ SJAMCC 7:30 – 2:00 pm	

~ November 2013 ~						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
					<b>1</b> All Saints Day Church Office Closed 6:30p-7:30p Friday Family AA Group	<b>2</b> Church Office Closed 6p-7p The Rainbow Group of NA 8p-9p Lambda Drummer (AA)
<b>3</b> 10a-11a Traditional Worship	<b>4</b>	<b>5</b> Election Day 9a-12p Food Pantry 9a-3p Lee County Health Department 8p-9p Lambda Drummer (AA)	<b>6</b>	<b>7</b> 9a-12p Food Pantry 6:30p-7:30p Serenity by the River NA Meeting	<b>8</b> Church Office Closed 6:30p-7:30p Friday Family AA Group	<b>9</b> Church Office Closed 6p-7p The Rainbow Group of NA 8p-9p Lambda Drummer (AA)
<b>10</b> 10a-11a Traditional Worship	<b>11</b> Veterans' Day	<b>12</b> 9a-12p Food Pantry 8p-9p Lambda Drummer (AA)	<b>13</b>	<b>14</b> 9a-12p Food Pantry 6:30p-7:30p Prayer Team Meets 6:30p-7:30p Serenity by the River NA Meeting	<b>15</b> Church Office Closed 6:30p-7:30p Friday Family AA Group	<b>16</b> Church Office Closed 10:30a-12p Trans Life Group 6p-7p The Rainbow Group of NA 8p-9p Lambda Drummer (AA)
<b>17</b> 10a-11a Traditional Worship	<b>18</b>	<b>19</b> 9a-12p Food Pantry 9a-3p Lee County Health Department 8p-9p Lambda Drummer (AA)	<b>20</b> 5p-6p Board of Directors Meeting	<b>21</b> 9a-12p Food Pantry 6:30p-7:30p Serenity by the River NA Meeting	<b>22</b> Church Office Closed 6:30p-7:30p Friday Family AA Group	<b>23</b> Church Office Closed 6p-7p The Rainbow Group of NA 8p-9p Lambda Drummer (AA)
<b>24</b> 10a-11a Traditional Worship	<b>25</b>	<b>26</b> 9a-12p Food Pantry 8p-9p Lambda Drummer (AA)	<b>27</b>	<b>28</b> Thanksgiving 11:00 am Worship Service followed by Thanksgiving Potluck @ Noon at SJAMCC 6:30p-7:30p Serenity by the River NA Meeting	<b>29</b> Church Office Closed 6:30p-7:30p Friday Family AA Group	<b>30</b> Church Office Closed 6p-7p The Rainbow Group of NA 8p-9p Lambda Drummer (AA)

**Notes:** November 28, SJAMCC will have a Thanksgiving worship service at 11:00 am followed by a potluck Thanksgiving dinner at 12:00 pm.

## DELORES BERRY—SUNDAY OCT. 6

## Channel Staff Notes

Once again we are proud to announce the wonderful Delores Berry is coming to St John the Apostle, on Sunday, October 6, 2013.

She and Judy will be here for our 10 AM service. Afterwards she will available in our parlor area.

There will be a love offering for her during the service. Due to this, we will not be collecting for the building fund, as we normally do on the first Sunday. The building fund offering will be on the following Sunday, October 13th.

Please be sure to spread the word so all of Delores' fans and friends can come and see her on this Sunday.



## THANKSGIVING DAY SERVICE

Thanksgiving day services will be held at 11 AM. There will be a pot luck dinner immediately following the service. (approximately noon)

Please come to the service and bring a covered dish to share..

Pastor Steve will be preparing the turkey once again this year.



**Board Update** - At this last meeting, there was a discussion regarding how and when the board meeting notes are being published. After some discussion, regarding how the bylaws read, the board made the decision to start publishing them in a timelier manner. Starting with this last meeting, on September 18<sup>th</sup>, the minutes of the meeting will now be posted on the bulletin board, within two weeks of the meeting. (Up until this change, members had to wait for approximately six (6) weeks or longer, to see the results of the meeting.) The bylaws, from 2004, said the meeting minutes and financial reports shall be available to the members within two weeks after the meeting. The minutes being posted will be considered "draft" notes, until the following board meeting (October 16, 2013, 5 PM) when the board will "officially" approve them. If you are interested, and want to see the minutes from the July 17, 2013 meeting (there was not a board meeting in August) you can go to the church bulletin board, in the parlor area, or go to office, during business hours, and see them, Monday, September 23<sup>rd</sup>. Within two weeks, you will be able to see the draft version of the meeting notes from this most recent meeting (September 18<sup>th</sup>)

**Financial Update** - This change in the board meeting notes also means the financial reports will now be available for members to see at the same time. This means you will now be able to see the financial status of the church approximately 6 weeks sooner. I think you will be impressed with the *large improvement in our financial condition*, from where we were in October of 2012.

**NOTE:** *If you do not understand the financial reports, see one of the board members, or the treasurer. They will be glad to sit down with you and explain them to you.*

A big part of this improvement is in the area of the building fund. As of the end of August, we have received \$59,500 in contributions to the building fund!! Hooray for that and thanks to all of you who have contributed to not only the Capital Campaign, but also to the building fund. It is YOUR contributions and efforts that have made this big improvement possible.

**Bible Quiz** - Did you notice the new Bible Quiz on the front page? What do you think about it? Let us know, as if you like it, we will continue with it in future editions. Email us at: [channelteam@SJAMCC.com](mailto:channelteam@SJAMCC.com). Don't forget, the answers are in this issue, of The Channel, somewhere. Seek and you shall find.

**Miscellaneous** - Did you notice the big improvement in the way the landscaping looks on the main entrance facing McGregor? We had a new fairy working for two days recently to clean out all those weeds and undergrowth. Thanks to all the fairies who have been doing God's work around the church.

## FALL YARD SALE

The Fall Yard Sale is scheduled for Saturday October 26, 2013. This is a big fund raiser for the church and one that needs a lot of help. Randy Koger and Richard Schaffer are co-chairs for the yard sale. We hope to have baked goods, lunch items, a breakfast for the early bird set up crew etc. There is a lot of work to do before the sale especially help bringing large items to the church. If you have a pickup truck to help please let us know.

We depend on you and those you know to bring items you no longer need or want, which might be of use to someone else. Examples of yard sale items are clothing, kitchen items, small appliances, power tools, lamps, toys, books, dvd's and Christmas decorations, which are good for the fall sale. Unfortunately, TV's do not sell well anymore unless they are flat screen.

Please donate your time, talent and/or treasures. We all have something we can do for this event. Talk about it to your friends and neighbors. They often have a closet or garage they want to clean out. Your donations can be dropped off starting October 13, 2013 at Saint John the Apostle. If you would like to volunteer please see Richard or Randy at church. We thank all of you in advance.

God Bless,  
Randy and Richard

## YARD SALE

October 26, 2013

8:00 AM TO 2:00 PM



**BENEFIT FOR SAINT JOHN THE APOSTLE  
METROPOLITAN COMMUNITY CHURCH  
3049 MCGREGOR BLVD. FORT MYERS, FL**



\*Anyone wishing to donate items to the yard sale may bring them to 3049 McGregor Blvd starting October 13th.

**GIVE BACK TO THE COMMUNITY AND  
MAKE OUR SEMI-ANNUAL EVENT**

**A SUCCESS!**

## Food for thought...from the kitchen of Adam Janowski

I knew I was going to share this poem attributed (mistakenly) to Mother Teresa as soon as it was forwarded to me on Facebook because it so resonated with me.



### Anyway

People are often unreasonable, illogical and self centered; Forgive them anyway.

If you are kind, people may accuse you of selfish, ulterior motives; Be kind anyway.

If you are successful, you will win some false friends and some true enemies; Succeed anyway.

If you are honest and frank, people may cheat you; Be honest and frank anyway.

What you spend years building, someone could destroy overnight; Build anyway.

If you find serenity and happiness, they may be jealous; Be happy anyway.

The good you do today, people will often forget tomorrow; Do good anyway.

Give the world the best you have, and it may never be enough; Give the world the best you've got anyway.

You see, in the final analysis, it is between you and your God; It was never between you and them anyway.

I wanted to know more background about the poem so I started doing some research. I soon found that most of the poem came from "The Paradoxical Commandments" written by Kent M. Keith when he was 19, and a sophomore at Harvard College. He wrote them as part of a book for student leaders entitled *The Silent Revolution: Dynamic Leadership in the Student Council*, published by Harvard Student Agencies in 1968. Apparently, the words were posted on a sign on a wall at a children's home in Calcutta, India and inadvertently credited to Mother Teresa.

What I found most interesting was, Mr. Keith's comments about whether it is between you and God and you and them, words he had never written, nor were they on the poster in Mother Teresa's Children's Home. Here is what Mr. Keith had to say:

"That is what Jesus told us we should not do. Jesus said that there are two great commandments—to love God, and to love our neighbor as ourselves. So in the final analysis, it is between you and God, but it is also between you and "them." And when it comes to them, Jesus made it clear that we have to love people and help people anyway. We can't give up on them or ignore them or write them off. That is the point of the Paradoxical Commandments as well—we find meaning when we love and help people, no matter who they may be, or how difficult they may be. We find meaning by loving and helping them anyway."

According to his website, the mission of Kent Keith is "to help people find personal meaning in a crazy world." You can find out more about his mission and the exact words he

wrote in the Paradoxical Commandments at

<http://kentmkeith.com/>.

For me, I find that I feel most at peace with myself and with the world, when I am in service to others, whether it be watching a dining room full of people eating a brunch I helped prepare, quietly pulling weeds in a garden, or sharing my personal story of receiving God's grace with those without hope.



I have made this Paula Deen recipe a number of times and it is a big hit every time I serve it. The Chessmen cookies in place of vanilla wafers taste delightful and make the pudding look very special. I found this version on the Food Network website at

<http://delivr.com/2hhvt>. The only change I made was to add a half teaspoon of banana flavoring.

### Not Yo' Mama's Banana Pudding

2 bags Pepperidge Farm Chessmen cookies  
6 to 8 bananas, sliced  
2 cups milk  
1 (5-ounce) box instant French vanilla pudding  
1 (8-ounce) package cream cheese, softened  
1 (14-ounce) can sweetened condensed milk  
1/2 teaspoon banana flavoring (optional)  
1 (12-ounce) container frozen whipped topping thawed or equal amount sweetened whipped cream

Line the bottom of a 13 by 9 by 2-inch dish with 1 bag of cookies and layer bananas on top.

In a bowl, combine the milk, pudding mix, and optional banana flavoring, and blend well using a handheld electric mixer. Using another bowl, combine the cream cheese and condensed milk together and mix until smooth. Fold the whipped topping into the cream cheese mixture. Add the cream cheese mixture to the pudding mixture and stir until well blended. Pour the mixture over the cookies and bananas and cover with the remaining cookies. Refrigerate until ready to serve.

Serves 12

P.S. In the last issue of *The Channel*, I listed cornstarch in the directions for the Peach Cobbler, but forgot the amount. The recipe calls for 2 tablespoons of cornstarch.

In love and service,

Adam

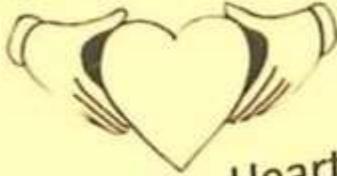
**Doctor Visits  
Shopping**

**Assist With  
Oral Care**

**Prepare Meals  
Assist Eating**

**Walking  
Shower  
Manicure**

Helping Hands With



Make Bed/ **A Caring Heart** Overnight Stay  
Change Linens

**Su Berman** 239-599-4684  
Certified Home Health Care Aid Private

# CURTIS ALLEN DESIGNS

*Designs with a Twist*

Interiors • Kitchens • Baths • Aluminum

Curt Wheeler-Scott  
Curt@CurtWheeler.com  
cell: 239.887.1083

Jeffery Spector  
Jeff@CurtisAllenDesigns.com  
cell: 239.887.0263

www.CurtisAllenDesigns.com

OFFICE: 239.418.0011 FAX: 239.418.0013  
1919 COURTNEY DR. SUITE #2, FORT MYERS, FL 33901

## VISIT OUR SHOWROOM!

- Kitchen & Bath Remodeling
- Cabinet Refacing • Granite • Quartz • Corian
- Laminate Counter Tops • Flooring • Porcelain Tile
- Travertine • Marble • Wood • Glass
- Interior Custom Design • Window Treatments
- Faux Painting • Fabrics • Trims
- Wallpaper • Accessories
- Complete line of Hurricane Protection
- Hurricane Storm Panels • Accordion Shutters
- Bahama Shutters • Roll Up Shutters
- Aluminum-Screen-Glass-Acrylic & Vinyl-Rooms
- Impact Windows • Replacement Windows & Doors
- Decorative Railing

Like us on Facebook:  
www.facebook.com/curtisallendesigns



## WILLIAM T. EDY

Certified Elder Law Attorney • Certified Financial Planner™

MEDICAID PLANNING • LONG-TERM CARE ADVISOR • ADVANCED ESTATE PLANNING  
TRUSTS AND WILLS • TRUST ADMINISTRATION • PROBATE

The Law Office Of William T. Edy Offers...  
**Medicaid Planning and Elder Law**

If you have a loved one paying for skilled nursing home care, depleting their savings, ask us for a free consultation to evaluate whether they could qualify for Medicaid, even if they exceed the income and or asset limits.

201 Nicholas Pkwy W  
Cape Coral, FL 33991

239.772.5800 or 888.772.5801  
Capelawkevin@aol.com



Looking for a great deal?



If so, you'll likely find it in Charlotte County with the help of the

**MLS**

**Detectives**

mlsDetectives.com

**MLS Detectives**  
Look no further

Mike Federau REALTOR®  
941.626.3569 mike@mlsDetectives.com

Curt Mellon REALTOR®  
941.626.3640 curt@mlsDetectives.com



888-207-2029 toll free 866.315.9905 toll free fax



Now with the power of RE/MAX

Advertise Your Business Card!

239.344.0012



**BLUEGRASS CLEANING & MAINTENANCE**  
"SERVICE YOU CAN TRUST"

- COMMERCIAL CLEANING
- WINDOW CLEANING
- GENERAL HANDYMAN SERVICES
- RESIDENTIAL DEEP CLEANS
- & MORE!

**BILL STAGGS**  
(239) 368-1219  
LICENSED, BONDED, INSURED  
f /BLUEGRASSANDM  
BLUEGRASSANDM.COM

FREE ESTIMATES

**TAN**

Tamiami Area Nudist

[www.tamiamiareanudist.com](http://www.tamiamiareanudist.com)

Phone: 239-691-6058 [tamiami\\_area\\_nudist@yahoo.com](mailto:tamiami_area_nudist@yahoo.com)

P.O. Box 1696 Lehigh Acres, FL 33970-1696

Advertise Your Business Card!

239.344.0012

Advertise Your Business Card!

239.344.0012

Charles V. Klucka, D.O., P.A.



Allergy and Asthma

ABIM Board Certified

9671 Gladiolus Drive, #104, Fort Myers, FL 33908 239.939.2246  
100 Madrid Blvd., #112, Punta Gorda, FL 33950 941.505.0000  
email: [drklucka@drklucka.com](mailto:drklucka@drklucka.com) Fax 239.267.2929



HandyWoman Home Repair

Home Maintenance & Repair  
Home Watch  
Painting

**Nita Hall**  
239-225-8386

20 Years Experience

Answer #1 you shall not bear false witness (Exodus 20:17)

Answer #2 by sowing to the spirit (Galatians 6:8)

Answer #3 He was presented in the temple, according to the Jewish law. (Luke 2:22-39)

Answer #4 Lydia's (Acts 16:14-15)

Answer #5 Peter (John 21:16)

Answer #6 Jerusalem (Nehemiah 2:17)

Answer #7 the rainbow (Genesis 9:14-15)

Massage by Gary

A licensed massage therapist

Lic. #MA22770

Gift Certificates

House Calls Available

Certified in Many Modalities

(239) 450-9160

[Handson826@aol.com](mailto:Handson826@aol.com)

Advertise Your Business Card!

239.344.0012

**Jack Lewis, Realtor® GRI**  
Licensed Real Estate Sales Associate

239-839-5927

Jack@accessjack.com

www.accessjack.com



**@ccess**  
Real Estate

The 2<sup>nd</sup> half of the 2013 Hurricane Season is certainly making a wet impression on South West Florida. However, experts tell us that our rainfall totals are in line with recent years. I can't help but think we've seen record amounts of rain...

Another record was set last month in existing home sales. Nationally, 5.48 million homes were sold in August 2013. This record represents the highest number of homes sold in since February 2007! When family and friends, from other parts of the United States, ask if now is a good time to buy a home in South West Florida? You may confidently say YES!

Experiencing record property sales during our 2013 Hurricane Season; The Federal Reserve acknowledging mortgage Interest rates to remain at affordable levels throughout the upcoming months; And the beauty of our South West Florida weather along the Gulf of Mexico; NOW is the time to make the dream of owning a home in Florida a reality.

Please @ccessJack to help make owning a home in South West Florida a reality for you, your family, or friends.

***Please Call Jack Lewis at (239)839-5927***

Please visit me online anytime at [www.accessjack.com](http://www.accessjack.com)



360 COPIES OF *THE CHANNEL* ARE  
PRINTED AND DISTRIBUTED...  
PLEASE SUPPORT OUR ADVERTISERS !!  
TO BECOME ONE, CALL 344-0012

### ***THE CHANNEL AD RATES***

#### **Prepaid Annual Rates**

Business Cards	\$125
1/4 Page	\$190
1/2 Page	\$375
Full Page	\$500

#### **Prepaid Semi Annual (3 issues) Rates**

Business Cards	\$70
1/4 Page	\$100
1/2 Page	\$200
Full Page	\$280

#### **Prepaid Per Issue Rates**

Business Cards	\$25
1/4 Page	\$40
1/2 Page	\$75
Full Page	\$100

***TO PLACE YOUR AD, PLEASE CALL 344-0012***